

youth room. These items will be sorted into personal bags and given to DCS to be distributed to teens who may not even have their own tooth brush or comb.

This Week's Bible Verse

Ephesians 4:26

26 "In your anger do not sin": Do not let the sun go down while you are still angry,

[Visit our website here!](#)

lead to that may be sinful. Even Jesus got angry at times yet He never sinned or even stayed angry.

We noted that Jesus teaches us that our thoughts and our words are often even more important than our actions. We asked how we most often express our anger and agreed that it is in our thoughts and words.

In **Matthew 15:17-20**, Jesus is telling the Pharisees that the things that come OUT of our mouths come from the heart and these things can defile us rather than what goes into our mouths.

We looked at a time when Jesus became angry in **Mark 3:1-6** and noted that not only did he not physically sin in His anger, His words taught a lesson and He healed the man. He also did not stay angry.

We mentioned other times when Jesus got angry and noted that He always had a good reason to become angry (righteous anger), never, ever, sinned in His anger, and used His anger to make things better.

We said that it's not whether or not we will get angry, because we WILL get angry, it's all about what we do with our anger when it happens. Will it lead us to sin or will we use it to make things better?

We watched a [short video](#) speaking on anger.

In general, the less you are angry, the easier it is to make good choices. But, the next time you are angry (because there will be a next time), stop for a moment and ask yourself why you are angry. Is it something really worth being angry about? If not, then just let it go and don't even think about it anymore.

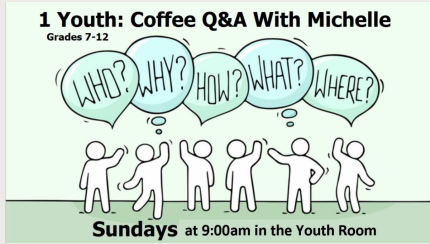
But, if it is something worth being angry about, what are you going to do about it? Number one, do not sin. But, then what? Is there a way to use your anger to make things better?

We mentioned some more famous people, other than Jesus, who used their anger to help make things better. Such as MLK, Ghandi, Ashton Kutcher, etc.

We said it doesn't have to be a "world sized" issue that makes you angry, it could be something happening more locally where your anger can lead you to help make things better in your immediate neighborhood.

Maybe your anger can lead you to help serve your community in one of our many outreach programs right here at our Church, in your school, or in your

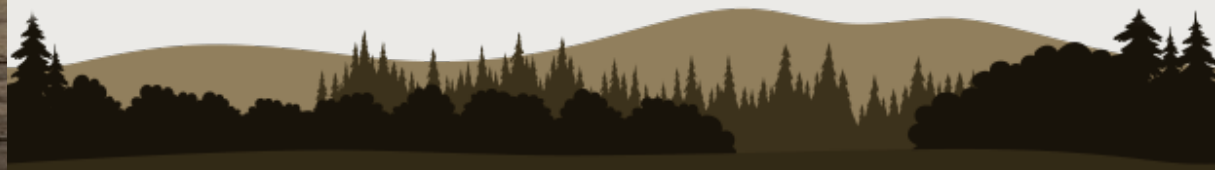
neighborhood. Maybe, your anger can even lead you to create your own new outreach program.



Pre-Service Coffee Q&A

Sundays at 9:00am

Join us in the Youth Room every Sunday, starting at 9:00am, for refreshments in a casual atmosphere for an opportunity for you and your friends to ask questions and discuss answers to your most pressing questions about God, Jesus, the Bible, other Religions, Christianity, or just about Life in general.



Living Word Ahwatukee
Phone: (480) 584-6116
Email: chris@1youthministry.com
Website: www.1youthministry.org

Connect with us



1 Youth Ministry | 14647 S. 50th Street, Suite 16 | Phoenix, AZ 85044 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!