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1 Youth Ministry

Grades 7-12

February 16, 2024
You in a box

1 Youth Pizza Party and game night!
February 23rd 6:30-10:30



Contact Us

14647 S. 50th Street,
Suite 16
Phoenix, Arizona
85044
480-584-6116

Links

Email
Website
Facebook
Previous Lessons

Foster Care Teens

Service Times

Sunday regular service 10:00am
Sunday Pre-Service Coffee Q&A 9:00am

Sunday



You in a box

Personal Care Items

We are always collecting "Personal Care Items" for teens in foster care throughout the year. Items for both male and female teens are being collected in the bin just outside our youth room. These items will be sorted into personal bags and given to DCS to be distributed to teens who may not even have their own tooth brush or comb.

This Week's Bible Verse

2 Timothy 1:7

⁷ For God has not given us a spirit of fear, but of power and of love and of a sound mind.

[Visit our website here!](#)

A few Sundays ago we reviewed our lesson about not keeping God in a box, meaning to not keep our faith in what God can do limited by our own human limits. God can do **ANYTHING**.

We looked at **Ephesians 3:20-21** where Paul tells us that God can do immeasurably more than all we ask or imagine. He also says that God is at work within us.

We started the lesson saying, if God can do anything and God is at work within us, then that means we should be able to do anything, with God. All we need to do is to not only take the limits off of what God can do but to also take the limits off of what we can do with God.

We said that once we've let God out of our box, it's time for us to get out of that same box and experience all we can do with God.

We said that the box we put ourselves in is called our "**Comfort Zone**". We said our comfort zone is a safe comfortable place to be in and most people like to stay there, but we can't grow and live the way God planned for us unless we step out of our comfort zone. Unless we step out in **FAITH**.

We looked at several stories in the Bible where various people, such as Moses, Gideon, were stuck in their comfort zone. They eventually were not only able to step into their faith and were able to do what God asked them to do, they were able to grow into the amazing people that God created them to be. At the same time, they were able to grow in their faith to be closer to God.

We also looked at stories such as David & Goliath where we saw that David had no problem stepping out of his comfort zone as a shepherd because of his already strong faith in God. He was not only able to beat the giant warrior, Goliath, his faith led him to become a great King as God created him to be.

We said that as your faith grows, so does the size of your box. As you step out of your comfort zone, your comfort zone becomes larger and you find yourself being more comfortable doing greater things. Even better, as you step out in faith, your faith becomes even stronger.

We then talked about what keeps us stuck in our comfort zone and said it was mainly **FEAR**. The Bible has a whole lot to say about **Fear & Faith**. Fear and Faith cannot exist together and God did not give us a

Spirit of Fear.

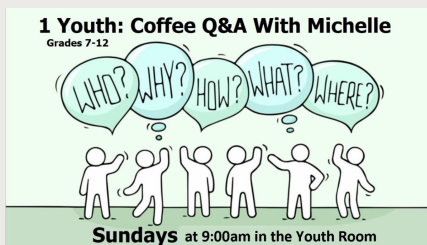
We said that Satan is more than happy to help encourage our fears because it causes us to lose our faith and to doubt God. Our main weapon against fear/doubt/anxiety/etc is our faith.

We said that if you want to experience God's greatest blessings and live the amazing life that God created for you to live, you have to be willing to be just a little uncomfortable and follow God out of your comfort zone in faith. You have to be willing to let God lead you and guide you in every part of your life and not let fear keep you from growing.

To help stay strong and to grow in your faith when troubles arise, you can do what David, and many others in the Bible did, read and study God's Word.

We finished up by looking at a good **Bible App** that can be useful for finding Bible verses that are specific to whatever situation you happen to find yourself in at the moment. You just enter what you're having trouble with, whether it's fear, depression, sadness, etc. Then the app will not only suggest a list of verses to study, it will even create a daily Bible study related to your topic.

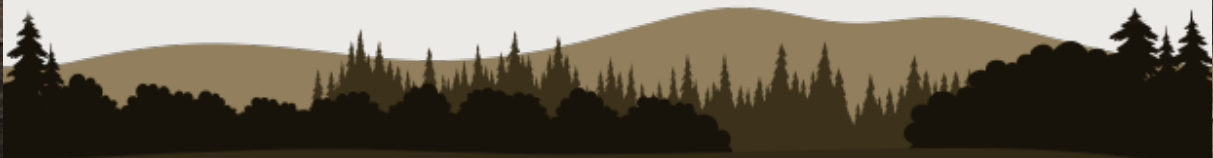
<https://www.youversion.com/the-bible-app/>



Pre-Service Coffee Q&A

Sundays at 9:00am

Join us in the Youth Room every Sunday, starting at 9:00am, for refreshments in a casual atmosphere for an opportunity for you and your friends to ask questions and discuss answers to your most pressing questions about God, Jesus, the Bible, other Religions, Christianity, or just about Life in general.





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